

# Mountain Valley Restaurant LLC

212 Main st. Winooski Vt

## APPETIZERS

Levels = Mild | Medium | Hot

- 1. Cauliflower manchurian (65 )----- 7.99**  
Marinated deep fry cauliflower with homemade sauces
- 2. Chicken Pakora ----- 6.99**  
Assorted boneless cubes of chicken deep fried in chickpea batter.
- 3. Vegetable Pakora ----- 4.99**  
Vegetable fritters.
- 4. Aloo Tikki (2 pieces)----- 4.99**  
Chopped potatoes, green peas, gram flour balls deep fried.
- 5. Samosa (2 pieces) ----- 5.99**  
A fried pastry stuffed with potatoes and green peas.
- 6. Keema Samosa (2 pieces)----- 5.95**
- 7. Kaichi chicken (lollipop chicken) ----- 9.99**
- 8. Pori Special -----Chickpeas Aloo Curry----- 9.99**
  - A. Paneer Roll ..... 5.99**
  - B. Chicken Tika Roll ..... 5.99**
  - C. Chicken Kabb Roll ..... 5.99**
  - D. Hot Garlic, chili chicken ..... 8.99**
  - E. Chicken Paper fried chili ..... 8.99**



## TRADITIONAL THALI SPECIAL

Levels = Mild | Medium | Hot

- 9. Veg Thali ----- 19.99**
- 10. Non-veg Thali ----- 21.99**

## CHILI

Levels = Mild | Medium | Hot

- 11. Chicken Chile ----- 11.99**  
Diced chicken classic served with chile colors sauce
- 12. Pork Chili-----16.99**  
Diced cut pork cooked in a deep tandoor oven chili sauce served.
- 13. Tofu Chili----- 12.99**  
Diced tofu cooked deep tandoor oven chili sauce served.
- 14. Beef Chili----- 13.99**  
Diced tofu cooked deep tandoor oven chili sauce served.
- 15. Momos Chili-----12.99**  
Deep fried momos cooked with chili sauce.
- 16. Paneer Chile -----12.99**  
Deep fried paneer and mixed paper onion cooked with chile sauces.

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- 17. Shrimp Chile** ----- **9.99**  
Marinated deep fry shrimp
- 18. Chicken Chile Gravy** -----with rice----- **11.99**
- 19. Beef Chile gravy** -----with rice----- **1.99**

### BREAD

Levels = Mild | Medium | Hot

- 20. Plain Paratha (CAN BE MAKE VEGAN)**----- **3.99**  
Whole wheat, multi-layered bread freshly made with butter
- 21. Aloo Paratha (CAN BE MAKE VEGAN )**----- **3.99**  
Whole wheat, multi-layered bread, stuffed with potatoes & made with butter.
- 22. Gobi Paratha (CAN BE MAKE VEGAN)** ----- **3.99**  
Whole wheat, multi-layered bread, stuffed with cauliflower.
- 23. Paneer Paratha**----- **3.99**  
Whole wheat, multi-layered bread ,stuffed with paneer.
- 24. Naan** ----- **3.99**  
Fine flour tandoor baked bread.
- 25. Butter Naan**----- **3.99**  
Multi-layered white bread with butter, baked in tandoor.
- 26. Stuffed Naan** ----- **3.99**  
Unleavened white bread stuffed with potatoes and baked in tandoor.
- 27. Garlic Naan**----- **3.99**  
Unleavened white bread stuffed with garlic and baked in tandoor.
- 28. Chef's Special Naan** ----- **3.99**  
White bread stuffed with onions, potatoes, and cheese, baked in tandoor.

### CHAT SPECIAL

Levels = Mild | Medium | Hot

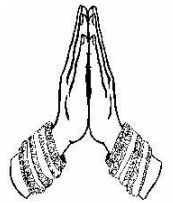
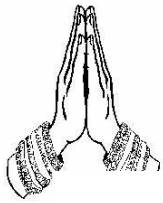
- 30. Aloo Tikki Chaat** ----- **9.99**  
Potato patty served traditionally with chana masala, yogurt and chutneys.
- 31. Samosa Chaat**----- **9.99**  
A tangy mixture of chickpeas with samosa topped with yogurt, chutney, and cilantro.

### SOUP

Levels = Mild | Medium | Hot

- 32. Lentil Soup** ----- **4.99**
- 33. Vegetable Soup** ----- **4.99**
- 34. Chicken Egg Soup** ----- **5.99**
- 35. Tomato Soup** ----- **4.99**
- 36. Bhutanese Bathup Soup** ----- **10.99**





## TANDOORI Dishes

ALL ITEMS GLUTEN FREE

Levels = Mild | Medium | Hot

MARINATED, LIGHTLY SPICED TANDOORI CUISINE IS A COMBINATION OF AROMATIC HERBS, CULTURED YOGURT AND FRESH SPICES BAKED IN CHARCOAL CLAY OVEN (TANDOOR). THE RESULT IS LEAN AND TENDER MEAT WITH A SEDUCTIVE TASTE.

- 37. TANDOORI CHICKEN** ----- **15.99**  
Skinless chicken marinated in a mixture of yogurt, aromatic spice and baked in the tandoor.
- 38. CHICKEN TIKKA** ----- **13.99**  
Chicken breast marinated in Indian spices then roasted in a charcoal oven.
- 39. MALAI chicken KABAB** ----- **15.99**  
Tender chicken breast pieces marinated in sour cream and cheese cream with fresh spices and roasted in tandoor.
- 40. LAMP SEEKH KABAB**----- **15.99**  
Finely minced lamb, seasoned chopped onions, herbs and spices, then baked in our tandoor oven.
- 41. CHICKEN SEEKH KABAB**----- **15.99**  
Finely minced chicken, seasoned chopped onions, herbs and spices, then baked in our tandoor oven.
- 42. PANEER TIKKA**----- **14.99**  
Fresh homemade paneer marinated with spice.
- 43. SALMON TIKKA** ----- **15.99**  
Salmon marinated with a flavorful blend of herbs deep cooked in the oven.

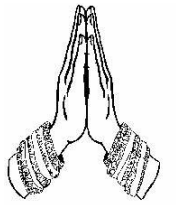
## CHICKEN CURRIES

ALL ITEMS GLUTEN FREE

Levels = Mild | Medium | Hot

- 44. Chicken Curry** ----- **12.99**  
Boneless chicken cooked in onions, ginger, garlic, and spices.
- 45. Chicken Shahi Korma** ----- **13.99**  
Boneless chicken cooked with cream sauce and cashews.
- 46. Chicken Saag**----- **12.99**  
Boneless chicken cooked with spinach.
- 47. Chicken Tikka Masala** ----- **14.99**  
Boneless roasted chicken breast cooked in masala sauce.
- 48. Chicken Korma** ----- **14.99**  
Boneless roasted chicken breast cooked with korma in a cream sauce, and a blend of herbs and spice.
- 49. Butter Chicken**----- **14.99**  
Boneless tandoori chicken in butter and cream sauce with cashews and raisins.
- 50. Chicken Tikka Saag** ----- **13.99**  
Boneless roasted chicken breast cooked in spinach and fresh ginger and garlic.
- 1. Kadai Chicken** ----- **13.99**





A classic Kadhai dish! Chicken delicately cooked with bell peppers, onions, tomato, ginger, and cilantro.

**52. Pepper Chicken ----- 14.99**

Chicken cooked with black pepper and a touch of coconut

**53. Chicken Vindaloo ----- 13.99**

Chicken Curry Cooked with potatoes & Vindaloo Sauce

### LAMP CURRIES

ALL ITEMS GLUTEN FREE + RICE

Levels = Mild | Medium | Hot

**54. Lamb Curry -----14.99**

The perfect lamb curry cooked with onions, ginger, and garlic.

**55. Lamb Shahi Korma ----- 15.99**

Juicy lamb, pan roasted with spices and mushrooms.

**56. Lamb Mushroom ----- 15.99**

Juicy lamb, pan roasted with spices & mushroom

**57. Lamb Saag ----- 14.99**

Lamb curry cooked with spinach

**58. Lamb Kadai ----- 14.99**

A classic Kadhai dish! Lamb delicately cooked with bell peppers, onions, tomato, ginger and cilantro. A classic Kadhai dish! GO

**59. Lamb Pepper ----- 15.99**

Lamb cooked with black pepper and a touch of coconut.

**60. Lamb Vindaloo Curry -----14.99**

Lamb curry cooked with potatoes and very hot vindaloo sauce.

**61. Lamb Korma ----- 14.99**

Cooked lamb made with korma styles sauces with topped butter,

### GOAT CURRIES

ALL ITEMS GLUTEN FREE + RICE

Levels = Mild | Medium | Hot

**62. Goat Curry ----- 15.99**

Goat (bones in) cooked in Punjabi curry sauce.

**63. Goat korma ----- 16.99**

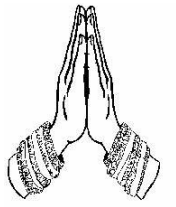
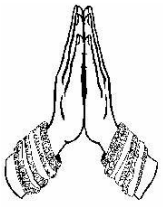
Goat with bones cooked in korma cashew nut sauce.

**64. Goat Vindaloo ----- 16.99**

Goat (bones in) cooked with potatoes and vindaloo sauce.

**65. Goat Kadai m----- 16.99**

A classic Kadai dish! GOAT is delicately cooked with bell peppers, onions, tomato, ginger and cilantro.



## VEGETABLE CURRIES

Levels = Mild | Medium | Hot

- 66. Aloo Gobi Matar** ----- **11.99**  
Aloo, gubi and green peas cooked with homemade onions and sauce.
- 67. Aloo Saag curry**----- **12.99**
- 68. Chana Masala** ----- **13.99**  
Cooked chickpeas with onion and tomato homemade indian sauces
- 69. Chana Saag** ----- **12.99**  
Chickpeas and spinach cooked with Indian spices.
- 70. Tofu Curry** ----- **12.99**
- 71. Chana Saag** ----- **11.99**
- 72. Malai Kofta** ----- **12.99**  
Mix paneer and nuts with potato softball cooked with korma sauce.

## PANEER CURRIES

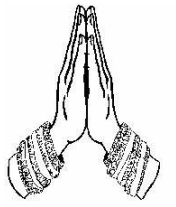
Levels = Mild | Medium | Hot

- 73. Paneer Curry** ----- **12.99**  
marinated homemade spices,deep fried paneer cooked with Indian spices.
- 74. Paneer Kadai** ----- **12.99**  
marinated homemade spices,deep fried paneer cooked with mix paperswithindians spices.
- 75. Paneer Tikka Masala**----- **14.99**  
marinated homemade spices,deep fried paneer cooked with masala spices.
- 76. Butter Paneer Tikka Masala**----- **14.99**  
marinated homemade spices,deep fried paneer cooked with butter masala spices.

## MOMO (DUMPLING)

Levels = Mild | Medium | Hot

- 77. Vegetable Momo** ----- **9.99**  
Steamed vegetable dumplings served with fresh homemade sauces
- 78. Chicken Momo** ----- **10.99**  
Steamed chicken dumplings served with fresh homemade achar
- 79. Beef Momo** ----- **12.99**  
Steamed beef dumplings served with fresh homemade achar
- 80. Pork Momo** ----- **12.99**  
Steamed Pork dumplings served with fresh homemade achar
- 81. Jhole(SOUP) Momo** ----- **11.99**



## BHUTANESE COSCIAN

10% OFF Levels = Mild | Medium | Hot

- 82. Phaksha Paa**----- **14.99**  
Sliced pork cooked with dicon(radish) ginger and garlic.
- 83. Shakam Paa** ----- **12.99**  
With ginger, garlic and tomatoes
- 84. Ema datshi** ----- **12.**  
Bell pepper cooked with ginger, garlic and cheese.
- 85. Shamu Datshi** ----- **12.99**  
Mushroom with cheese cooked with ginger, garlic and tomatoes.
- 86. Kewa Datshi** ----- **12.99**  
garlic and tomatoes.
- 87. Hentse Datshi** ----- **12.99**  
Green mustard,green and red pepper with cheese cooked with ginger, garlic and tomato.

## NOODLE

Levels = Mild | Medium | Hot  
Eggs optional for any of the item below

- 88. Vegetable Thukpa** ----- **9.99**  
Hearty soup with nepali style noodles, with with vegetable, and spices
- 89. Chicken Thukpa** ----- **10.99**  
Hearty soup with nepali style noodles, with chicken, and spices
- 91. Beef Thukpa** ----- **12.99**  
Hearty soup with nepali style noodles, with beef, and spices
- 92. Pork Thukpa**----- **12.99**  
Hearty soup with nepali style noodles, with pork, and spices
- 93. Chicken Chow Mein** ----- **11.00**
- 94. Pork Chow Mein** ----- **11.00**
- 95. Beef Chow Mein**----- **12.99**
- 96. Vegetable Chow Mein** ----- **9.99**

## BIRYANI AND FRIED RICE

Levels = Mild | Medium | Hot



**CALL US AT 802-489-5617 OR 802-945-5843**



97. Goat Biryani ----- 14.99  
 98. Lamb Biryani ----- 14.99

99. Chicken Biryani ----- 12.99  
 100. Vegetable Biryani ----- 12.99  
 101. Egg Fried Rice ----- 10.99  
 102. Chicken Fried Rice ----- 11.99  
 103. Pork Fried Rice ----- 11.99  
 104. Beef Fried Rice ----- 11.99  
 105. Vegetable/Tofu Fried rice ----- 10.99  
 106. Mix Fried Rice ----- 11.99  
 (Chicken, pork, beef or egg)

**DESSERT**

107. Kheer ----- 4.95  
 108. Ras Malai ----- 5.99  
 109. Gulab Jamun ----- 5.99  
 110. Mango Lassi ----- 4.99  
 111. Papad Dam ----- 3.99

**DAL AND RAJMA CURRIES**

113. Dal Tadka ----- 9.99  
 114. Rajma ----- 10.99

**NAMATE AND THANK YOU FOR CHOOSING US**

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